### Ride. Inspire. Lead.

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# CHIL

### annual report 2018



### Dear Friends,

I was fortunate to visit many of Chill's forty-six programs over the past year and witness the profound effect we have had on our participants. Some of the most positive impacts I've seen include:

### Emotional and physical progression that contributes to positive outcome.

The Chill program is based on progressing from one state of knowledge and performance to an advanced state in a short period of time. Our program is intensive and focused, and acts as a stimulus that assists our participants in achieving significant personal milestones. A chaperone in Boston told me, "Two years of participation in Chill and my participant is now an active and self-aware young man, constantly referencing Chill's six themes as he continues to make progress in his treatment program."

**Healthy risk taking.** One amazing aspect of Chill's program is that it provides a safe but unfamiliar environment for our participants, encouraging interaction and healthy risk-taking while providing a comprehensive support system. The focus on healthy risk-taking drives interaction as Chill participants are matched up with other youth progressing at the same rate, breaking up familiar peer groups and introducing youth to volunteers and chaperones from outside their daily support system – giving them exposure to positive adult role models and other youth facing similar life challenges.

### Meaningful interaction that leads to breakthroughs in communication and youth

**engagement.** The youth Chill works with frequently have challenges related to communication and engagement with peers and adults. A long-time Chill chaperone told me that one of their participants had a history of trauma and they decided to introduce them to Chill because the youth's treatment was progressing slowly and they had run out of ideas. The chaperone went on to explain how Chill helped this participant overcome some of her anxiety around meeting new people.

"On week one, we set a personal goal for her to sit with a group of kids at program she didn't know. She hesitantly joined a group of three girls, introduced herself, and sat down. By the end of the first day, she was already a part of their group. Her treatment progress the next week was incredible. For week two, her personal goal was to introduce herself to an unfamiliar adult – a volunteer, instructor, or chaperone. Again, she walked into program, immediately introduced herself to a volunteer, and went over and sat with her new friends. A year later – after participating in four Chill programs, she has transitioned to a public school, continues to make incredible progress in treatment, and her peer interactions are healthy and robust."

Chill's programmatic growth, and our focus on creating the best possible experience for our participants, would not have been realized in 2017 without the amazing support and commitment of our donors, volunteers, chaperones, agencies, and partners. Thank you for believing in the transformative power of Chill's programs and ensuring that each new year brings Chill to more youth in more places than ever before!

Thank you!

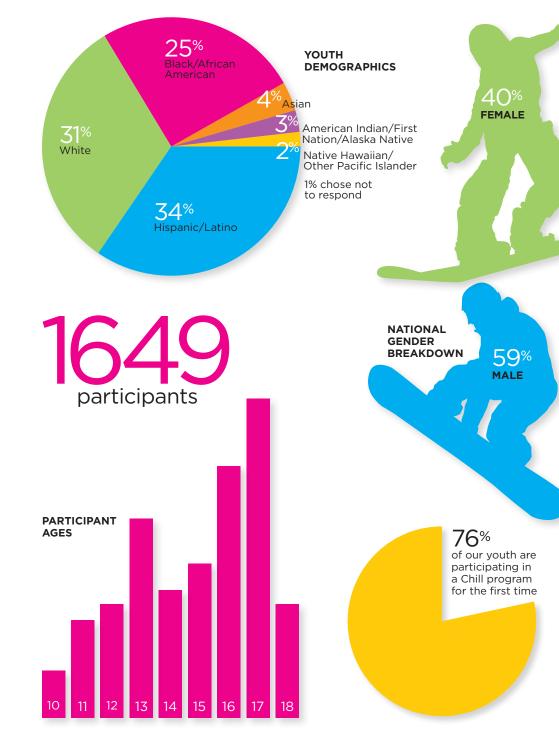
ALEX BORDSTREAN

Alex Bornstein, Executive Director, The Chill Foundation

### by the numbers

MAY 1, 2016-APRIL 30, 2017

Chill is committed to collecting, analyzing, and reporting data on youth outcomes and Chill program effectiveness. Data is collected through the Chaperone Survey, Chill Quality Assessment (CQA), and the Outcomes Based Evaluation (OBE) survey. We are constantly updating our methods to make sure the data is as thorough and comprehensive as possible so that we can have the largest impact on our youth participants. Here are some of the highlights from last fiscal year.





%

[[[[]]]

**INCREASE IN** 

VOLUNTEERS

cupres



%





"I'll always remember how to snowboard, but also I learned to never rush anything, to make and keep friendships, to respect others, and to have courage to stand up to any challenge that comes my way." ANTHONY



### snowboard

Now in its 23rd year, our snow program served nearly 900 participants in 12 cities. We provide participants with everything they need to learn to ride. Lift tickets, lessons, transportation, and head-to-toe gear are all included at no cost to the participant. We use snowboarding and other boardsports as a vehicle to motivate youth to accomplish goals they never thought they could while teaching them important life lessons as well as incorporating the latest in Positive Youth Development techniques.

### **HIGH CASCADE**

Chill has partnered with the High Cascade Snowboard Camp to offer a select group of Chill participants the chance to continue to progress their skills at an 8-day snowboarding summer camp. High Cascade is the only one of its kind in in North America where you can freeride on over two miles of groomed trails in the summertime, including practicing with the pros on their world-class park terrain. Our participants get a unique riding experience, with downtime to explore rafting, dodgeball, and other traditional summer camp activities. Last year we had participants from Chicago, Burlington, Seattle, Toronto, and Portland attend.

### **U.S. OPEN**

Chill took participants from three cities to the Burton U.S. Open in Vail, CO. These specially selected youth were able to watch world-class snowboarders compete and ride with Burton Snowboards owners and Chill Foundation Board Chairs, Jake and Donna Carpenter. They also got to explore Vail Mountain, and ride with other Chill participants and staff. We were also able to bring the entire Denver snow program to Vail for the Chill Ride Day, a highlight for many attendees at the Open.

The Burton U.S. Open is a oncein-a-lifetime experience for our youth and gives them the ability to see a world previously unobtainable to them. This has a profound impact of how they view themselves and others around them. In addition, Chill hosts the unofficial opening party in Vail as an unofficial kick-off to the USO. This event has proven to be a highlight for many in attendance at the Open and raises significant funds for Chill's programs.

### HOST MOUNTAINS

Boston: Wachusett Mountain Burlington: Bolton Valley Resort Burlington: Stowe Mountain Resort Chicago: Grand Geneva Resort DC/Baltimore: Liberty Mountain Denver: Loveland Ski Area New York City: Mountain Creek Portland: Mount Hood Meadows Salt Lake City: Brighton Resort Seattle: Stevens Pass Toronto: Snow Valley Vancouver: Cypress Mountain Resort

### skate

2017 marked the first year in Chill's history to run a skate program at every site. This additional six-week program enables us to reach more youth in the community, and gives participants an opportunity to learn a new boardsport, with more than 65 kids in six cities trying skateboarding for the first time. Skateboarding has a lower barrier to entry compared with our other sports, and has allowed us to get creative in expanding this new program. Youth from Toronto and New York City have been able to build their own boards, which are theirs to keep after the program ends. It has also helped to get kids out to other parts of their community, including linking up with local skate parks, exposing them to new, positive outlets.

### **ELEMENT YMCA SKATE CAMP**

Elemental Awareness, a one-of-a-kind skate camp in Miramonte, CA, teamed up with Chill for the first time in 2017 to bring three Chill youth to Element Skate Camp (tuitionfree) on Sequoia Lake in California. For the past decade, Elemental Awareness has sent groups of kids from underserved communities to Element Skate Camp, a collaboration between Element and YMCA, connecting kids to nature through skateboarding. Campers are encouraged to take their skating to the next level, benefiting from one on one instruction and group challenges on skate parks set in the woods. This new partnership is a great expansion of our program collaborations, such as the program we've run with High Cascade Snowboarding Camp in Government Camp, Oregon, for several years now.

UTIL

### SKATE PARTNER

Boston: Lynch Family Skate Park Burlington: Talent Skate Park Chicago: Asylum Skate Park Los Angeles: SkateLab New York City: Bucket Board Portland: Portland Parks & Recreation Salt Lake City: Crossroads Skatepark Seattle: All Together Skatepark Toronto: Skateloft Vancouver: Landyachtz



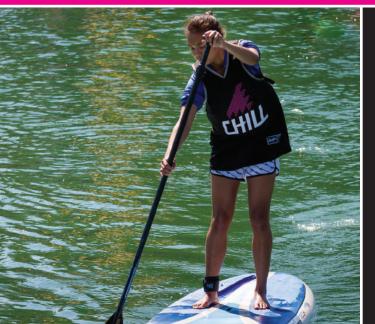
"Chill gives our kids opportunities to participate in sports that they may not be able to do on their own, and also reinforces great life skills like respect, persistence, not giving up. It's also just really fun!"

DAVE, CHAPERONE, King Street Youth Center



"The most important thing that I learned was that no matter what happens you will always have friends."

LIAM, Regal Road PS



### SURF/SUP PARTNERS

Boston: Charles River Canoe & Kayak, Levitate Surf Shop Burlington: Lake Champlain Community Sailing Center Los Angeles: Boarding House Mentors New York City: Skudin Surf Portland: Oregon Surf Adventures Seattle: Urban Surf Vancouver: Ecomarine Paddlesports

### surf/sup

In the last year Chill has seen tremendous growth in the number of programs offered, and this includes water programs. Just like our skate and snow programs, our surf and stand-up paddleboard programs provide the participants everything they need for a day of fun and learning out on the water at no cost to them. Additionally, the growth of our program curriculum has allowed us to transition many of our favorite activities to work on land and on water.

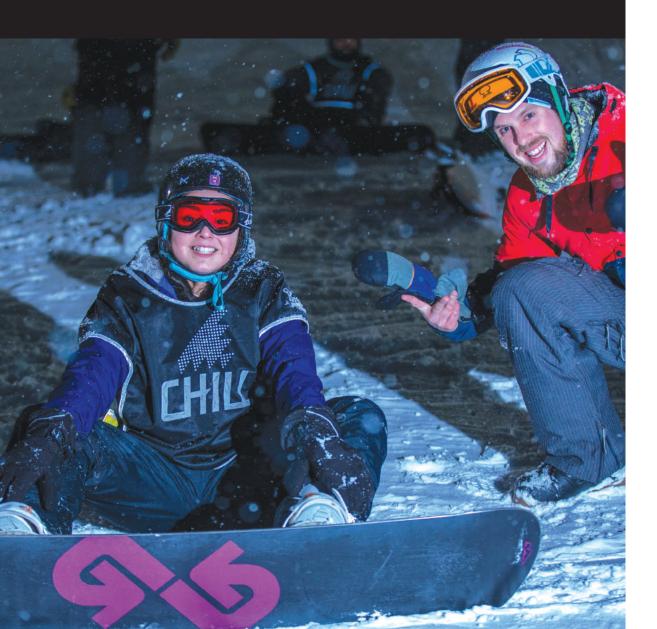


Born and raised in Vancouver, Emilie had been too afraid to try snowboarding before Chill. "I had been skiing a few times, but I thought snowboarding looked really hard," said Emilie, an eleventh grader who attended Chill through Britannia Community Centre. As the second oldest of five siblings, Emilie tries to be a role model, and has been able to hone those skills through her three years with Chill Vancouver's snow program. "My favorite activity at Chill is Respect Week; it's a really comfortable environment where everyone can share and learn, and this year our group got to make up our own team cheer!"

As a returning participant, Emilie has been practicing the lessons learned in her time

at Chill by helping new participants on everything from gearing up to linking turns. When not practicing her turns on the mountain, Emilie enjoys activities like soccer and art. "I like art because of the freedom, and it allows me to get out my emotions." Emilie hopes to pursue her passion for art after high school, focusing on acting and ceramics.

"Emilie truly exemplifies all our program themes at Chill," said Chill's Vancouver Manager, Mandi Parkes. "Emilie has a great positive presence at program and it's been exciting to see her thrive. She excels at making new friends at Chill, both chaperones and other participants, and we're excited to see where the future takes her."



## positive youth development

At Chill, we partner with social service agencies, mental health agencies, foster care programs, juvenile justice programs, and schools in local communities to identify youth participants they feel will benefit most from our program structure. Everything is provided to the youth at no cost in each of our programs.

Chill's innovative curriculum embodies the latest Positive Youth Development (PYD) best practices to ensure participating youth build resiliency through targeted lessons and challenging physical activities.

### **Best practices include:**

 Removing youth from their challenging environments and running programs in developmentally rich contexts.
Participants frequently have not experienced these contexts prior to joining Chill.



- Focusing on understanding, educating, and engaging youth in productive activities rather than at correcting, curing, or treating them for maladaptive tendencies or so-called disabilities.
- Building on the strengths of young people, recognizing their need for positive adult interactions, positive interactions with diverse peer groups, ongoing support, and challenging opportunities.

By focusing on the resiliency of our participants to help them reach their full potential and see that there is a path out of their current circumstance, we can teach them that their current situation doesn't have to define them or determine their path in life; Chill helps them to realize alternatives beyond the struggles they are dealing with.

"My experience with Chill was really significant. Witnessing those kids gain courage and trust in their bodies and overcome fear in a healthy way was extremely impactful for me."

AMES WAGGONER, Child and Family Therapist



Surrounded by gangs in a tough neighborhood in Los Angeles, CA, Carlos Melgar, a young teenager, could see snow-capped mountains in the distance. Carlos had heard of pro snowboarder Shaun White but never did he think snowboarding would be part of his own life, then Chill came to his school.

"I will never forget my Chill experience. I would have never dreamed of snowboarding because it was too expensive for us, we had no way to get out to the mountains, and it is just something we were not exposed to in our neighborhood."

Carlos recalls the immediate impact Chill had on his life as a youth, "Being selected as one of the participants through Heart of Los Angeles (HOLA), was very exciting and it motivated us to work hard so we could stay eligible for Chill as well as be considered for similar programs. Chill definitely helped me through a rough patch, as my neighborhood was very rough at that time. My mother worked almost every day and didn't have the resources to get me involved in programs that would keep me away from the gangs that dominate our neighborhood, so being able to literally be transported far away from that was a huge help in itself."

On the mountain, Carlos continued to have a life-changing experience with Chill, "They taught us valuable lessons through snowboarding, like picking yourself up after falling, not giving up, and meeting new people. The most valuable thing for me was the time and effort they put into it. They really made us feel special by simply showing up and being there for us."

Today Carlos volunteers for Chill whenever his schedule allows, including several times At Chill Europe in Austria when in the area for business. He attributes his passion for helping others to his participation in Chill as a young man. "As a volunteer, nothing beats the look on the kids' faces as they try to learn the sport. It's so rewarding hearing them cheer for each other and watching them help each other. Ibrahim, one of my riders this past weekend, was constantly helping one of the younger girls walk her board back up the beginner slope and others were helping each other strap on the bindings. The kids thanking us at the end of the day was such a great feeling! I've also become good friends with one of last year's participants and have kept up with his progress as a refugee in Austria. It's cool that he looks up to me and listens to my advice, which in turn makes me want to be a better role model for him."



## jeff koons collaboration

Last year, world-renowned artist, Jeff Koons, collaborated with Burton Snowboards founder Jake Burton, to design a one-of-a-kind snowboard. The Philosopher Board was born out of this incredible partnership and a limited run of 50 boards were produced. All but a few of the boards were sold at Burton's newly opened flagship store in New York City and all proceeds from the sale of the boards benefited Chill. The funds from this incredible fundraiser will allow us to develop a special "opportunity fund" and allow Chill to grow in ways previously unavailable to our organization.



Jeff Koons with Jake Burton Carpenter

Chill is in the process of building out an alumni network to connect the thousands of past participants and continue to help them grow both inside and outside of snowboarding. If you are a past participant or would like to learn more, visit chill.org/alumni.

## thank you

We would like to thank the following individuals and corporate partners for their generous support over the past year. Thanks to you, Chill has been able to expand programs by 31% and increase the number of participants we worked with last year by 10%. We continue to be grateful for the support shown by the communities in which we work, and our Chill tribe as a whole.



"It allows kids to learn to enjoy hard work and building a new skill. Kids discover that there is a reward for their hard work and that other people notice them trying and learning."

SNOW CHAPERONE



### FY 2018 SUPPORTERS May 1, 2016-April 30, 2017

Jason Krikorian

### PRIDE \$20,000+

**Bolton Vallev Brighton Resort Burton Snowboards** Jake & Donna Carpenter Keil-Nindl Gesmbh & Co. KG Kwong Lung Enterprises Co. Liberty Mountain Resort Loveland Ski Area MSLE Foundation Mt. Hood Meadows Resort One Four Three Four Foundation **Roxiticus Foundation** Stevens Pass Stowe Mountain Resort Thee Mustard Seed Foundation Tom Kartsotis Vitae Sessions, LLC Wachusett Mountain Ski Area

### COURAGE \$10,000-\$19,999

Antonia's Flowers, Inc. Bank of America **Cypress Mountain** Grand Geneva Resort & Spa High Cascade Highline Sports & Entertainment. Inc. Jeff & Margaret Jones K9 Lifeline Kev Bank Larry H. & Gail Miller Family Foundation Left Hand Brewing Foundation Fund Nick Pacino Photography Noravera Visuals, Ltd. Pro-Tec Snow Valley Sporting Life TAG Philanthropic Foundation **TELUS** Corporation The Apres Ski Non-For-Profit C

### **RESPONSIBILITY** \$7,500-\$9,999

Knapp Schenck Insurance Services

### PERSISTENCE \$5,000-\$7,499

Board Rescue Canadian Tire Jumpstart Charities Clif Bar & Company Color Run Canada, LLC Freesport Corp. Fu Min Metaline Industrial, Ltd.

Jiayu Plastic Products Co., Ltd JP Morgan Chase Kent & Kym Shoemaker Magic Hat/Labatt USA Operating Co, LLC Mike Cox **Moonrider Productions** New Era Cap Company Inc. OGK OvRride, LLC Platinum Professional Claims Services, LTD PricewaterhouseCoopers, LLP The Color Run, LLC The Patocs Foundation Turner Construction Company Utah Governor's Office of Economic Development

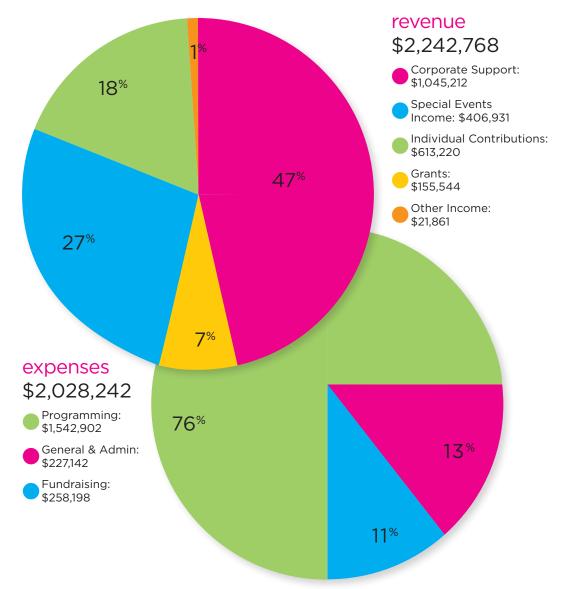
### PATIENCE \$2,500-\$4,999

AJD Restaurant Group/ Sully's House Boa Technology Crown Imports, LLC Customer Portfolios, LLC Daily Hive Dawn Terrill JaniTech Ea Shinn Co., Ltd. evo First Priority Trailways Fudakin/Led Green Lighting Fuse, LLC Gallagher, Flynn & Company, LLP Halloran & Sage, LLP JB Group Justin Tobin King Tours & Limousine Service Inc. Landyachtz Factory Store McSoley McCoy & Co. Michael & Florence New Moe's Southwest Grill New England Ropes PCL Constructors Canada, Inc. Polartec, LLC Ramblin Express Skullcandy The Rotary Club of Toronto The Vancouver Trollev Company Treble 20 Vectorply Corporation W. L. Gore & Associates, Inc. Wells Fargo Wolf Greenfield & Sacks, P.C. **XPO** Logistics Yaletown Mini Storage Ltd.

### RESPECT \$1,000-\$2,499

All Together Skate Andrew & Justina McConnell Athletic Transportation Services BC Recreation and Parks Association Belinda Luscombe Ben Abrams **Big Sunday** Blue Tile Lounge Downtown **Toronto Limited** Boardsports Canada Body Le Bronze Tanning Salons Charles River Recreation Chris Edwards **Cross Insurance** D'Angelico Guitars of America. LLC David & Katherine McCallum Doug Smith Downs Rachlin Martin, PLLC Ecomarine Paddlesport Centres Emily LaPlume Expeditors Five Star Charter Coach. Inc. Henry Beck Jared Batchelder Joe Groves Centric Software, Inc. John Welch Josh Fisher Killington/Pico Ski Resort Kristen O'Keefe Langrock Sperry & Wool, LLP Laurence Serchuk Lindsay Bumps LocalVore Inc. Martha & Bruce Heitzinger MEC Medford Technologies, Inc. Mistler Family Foundation Morgan Stanley Smith Barney, LLC MotionPoint Corporation Moto Works Mt. Tabor Brewing Company Myers Container Service Corp. Neil Goldblatt Ophra Alexandra Photography **Oregon Surf Adventures** ParticipACTION Paul & Julia Sward Paul Briodv Premier Coach Co., Inc. Rotunda's Collision Center, Inc. Samuel Mackness Starbucks Coffee Talent Skatepark Talon International Inc. TD Bank Tommy Tremonte Trevor & Karen Crist Urban Surf USSA United States Ski & Snowboard Association Windjammer Hospitality Group WND & WVS

### financials MAY 1, 2016-APRIL 30, 2017



**CHILL PROGRAM LOCATIONS** 





Bolton Valley Resort received the 2016/2017 Host Mountain Award at last year's NSAA conference. Bolton was our first mountain partner, and we're fortunate to still run two nights of program there more than 20 years later.

### **BOARD OF DIRECTORS**

Jake Burton Carpenter *Co-Chair* Donna Carpenter *Co-Chair* Andrew McConnell *Treasurer* Henry Beck Jeff Boliba (*outgoing*) Alex Bornstein Trevor Crist Josh Fisher Josee Laroque (*incoming*) Scott McArdle John de Neufville Bo Twiggs Abby Young (*outgoing*) Justin Worthley (*incoming*)

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